**Class Outline: Animal and Plant Defenses on the Rocky Shore**

**Grade: 1st**

**Developed By: Zoe Allen**

**Question: How do plants and animals in the rocky shore protect themselves?**

(As class starts, have students take a sheet of paper and fold it in half. Half for questions/observations. Half for drawing.)

7: Welcome and introduce the rocky shore

* What is the rocky shore?
	+ Video: waves hitting the rocky shore.
	+ Take a moment to make observations: What do you observe about the rocky shore?
		- Habitat, rocks, waves, water, pools
* What causes tides?
	+ Pools are left behind when the tide is low
	+ The gravitational pull from the Earth and Moon causes the tides
* What challenges do animals face on the rocky shore?
	+ Waves, exposure to sun, exposure to air, predators, and many more

5: Students meet with teacher and compile questions

* What is an adaptation? What is an adaptation that humans have?
* What adaptations would be good for living in a tidepool?

7: Adaptations animals use to protect themselves

* What is an adaptation?
	+ A characteristic or behavior that helps an animal survive in its habitat
	+ Examples: Humans have thumbs to hold things, cats and dogs have fur to keep them warm, birds have wings to help them fly.
* Example: Sea star
* Video: tube feet <https://www.youtube.com/watch?v=FJBNW4BYpy4&feature=youtu.be>
* How do tube feet help protect them?
	+ Take a minute to talk to your class: How do you think tube feet protect sea stars?
		- Tube feet stick to rocks so they do not get swept away by waves
		- Tube feet grab onto food
	+ Do it do it: Become a sea star
		- Grow 5 sea star arms using arms, legs, and head
		- Grow tube feet all over arms
		- Move around the rocks in search of a tasty mussel to eat
		- Grab onto the mussel with your sticky tube feet
		- Pry open the mussel shell and stick your stomach inside the shell
		- Digest the mussel outside of your body!
		- Bring your stomach back in your body

5: Students meet with teacher and compile questions

* Do you think some animals are better adapted for living in the tidepools than others? If you were an animal in the tidepools, what adaptation would you want?

7: Adaptations animals use to protect themselves

* Example: Sea urchin
* Video: sea urchin <https://www.youtube.com/watch?v=MZTt7wy0etg&feature=youtu.be>
* Take a minute to talk to your class: How do you think a sea urchin protects itself?
* Draw with me: sea urchin spines, tube feet, pedicellariae



* + Students draw along with teacher while teacher uses the white board
	+ How do all of these adaptations help protect them?/What do they use them for?
		- Spines: Protect them from predators
		- Tube feet: Stick onto rocks and prey
		- Pedicellariae: Break off pieces of food
* Example: sea snail
* How does a sea snail protect itself?
	+ Shell: Can tuck inside of shell
	+ Operculum: “trap door” closes up to protect snail on the inside

5: Students meet with teacher and compile questions

* Do you think there are plants in the ocean? How are they different from plants on land?
* How could a plant protect itself in the ocean?

7: Adaptations plants use to protect themselves

* Are there plants in the ocean?
	+ Seaweed (AKA algae)
* Example: Giant kelp
* How is kelp protected from the waves?
* Draw with me: kelp holdfast, stipe, blade, pneumatocyst



* + Students draw along with teacher while teacher uses white board
		- Holdfast: Anchors kelp to the bottom
		- Stipe: Like a plant stem, it keeps the kelp upright
		- Blade: Like a leaf, where most of the photosynthesis occurs
		- Pneumatocyst: “air bladder” keeps the kelp floating towards the surface so it can sunlight for photosynthesis
* Do it do it: Become kelp
	+ Make a rock with your fist
	+ With other hand, make a holdfast and grab onto rock
	+ Use arm to grow your kelp upwards
	+ Sway kelp in the ocean current, getting stronger and stronger, and then calm again

5: Students meet with teacher and compile questions